



### نموذج محاور الحقيبة التدريبية

	دبلوم المحادثة باللغة الإنجليزية	اسم الحقيبة باللغة العربية:
English Conversation Diploma		اسم الحقيبة باللغة الانجليزية:
Al-Raqim Foundation		اسم منظم الحقيبة التدريبية:
	96	عدد ساعات التدريب

### أهداف التدريب:

- 1. الكلمات: ان يمتلك مخزون جيد جدا من المفردات والتعابير الجديدة لا يقل عن 2000 كلمة جديدة، 1000 تعبير جديد.
- 2. القواعد: أن يصبح المتدرب على معرفة جيدة بقواعد النحو والصرف الأساسية المخصصة للمستوى الأول والثاني وتوظيفها في تراكيب لغوية متقنه.
  - القراءة: أن يمتلك القدرة على قراءة الجمل البسيطة والشائعة مع الاستيعاب بشكل مريح وبلفظ متقن خاصة الكلمات المكونة من 4 حروف وأقل.
- 4. الكتابة: قادر على كتابة جمل متقنة قواعديا و املائيا، ويستطيع التعبير بشكل جيد، يمكنه كتابة نص مفصل وواضح حول مجموعة واسعة من المواضيع وشرح وجهة نظره في إحدى القضايا الموضوعية وإعطاء مزايا وعيوب لمختلف الخيارات.
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- 6. المحادثة والاستماع: يمكنه تمييز الجمل والعبارات وفهمها، ويميز الكلمات والجمل عند استماعه للمتحدثين باللغة الأم، يستطيع ربط الجمل بشكل مناسب، يمكنه التجارب والأحداث وإعطاء أسباب و تفسيرات للآراء والخطط بشكل جيد، يمكنه التفاعل بدرجة من الطلاقة مع الناطقين الأصليين للغة.

### الفئات المستهدفة من التدريب:

- 1. طلبة المدارس والجامعات الذي يناسبهم هذا المستوى
  - 2. حديثو التخرج والباحثين عن عمل
  - 3. الراغبون باستكمال تحصيلهم العلمي بالدراسات العليا
    - 4. الموظفين الجدد والقدامي
- 5. الراغبون في تطوير مهارات اللغة الانجليزية ضمن هذين المستويين



#### نبذة تعريفية عن الدبلوم التدريبي:

هذا الدبلوم يشمل من المستوى الأول للرابع من مستويات المحادثة في اللغة الانجليزية من أصل 12 مستوى ضمن المعيار الاوروبي المرجعي العام، ويشتمل على أساسيات اللغة (الكلمات والقواعد)، وكذلك مهارات اللغة الأربعة (القراءة والكتابة والمحادثة والاستماع)، ويعمل هذا المساق على تغطية الفجوات المعرفية والمهارية التي تناسب هذا المستوى، ويتم تقديمها للمتعلمين بأسلوب تدريي بالاعتماد على سلسلة عالمية ضمن ثمانية وحدات، تجمع ما بين متعة التعلم وتحصيل المعرفة واكتساب المهارة اللغوية.

### محاور الحقيبة التدريبية للمستوى الأول من المحادثة باللغة الانجليزية

Course Topics	Hours
Lesson 1: The day out that never happened	2
Conversations and activities: Tongue Twisters	
1600 English conversations/ App: Small talk/ Sick classmate	





Stories and Videos: The Fairy – Fairy Tales and Stories for Children	
Lesson 2: Money worries	2
Conversations and activities : Alibi	
1600 English conversations/ App: Accepting an invitation to a party	
Stories and Videos: my seven year old sister was on the run	
Songs: Sami Yusuf – you	
Lesson 3: An unexpected holiday	2
Conversations and activities :Riddles	
1600 English conversations/ App : Calling a friend ending a conversation	
Stories and Videos: 8 dream signs you shouldn't ignore	
Songs: Insomnia	
Lesson 4: Just a rumor	2
Conversations and activities : Adjectives ing/ ed	
1600 English conversations/ App :Expressing joy at someone's success	
Stories and Videos: The Fairy – Fairy Tales and Stories for Children	
Songs: Spirit	
Lesson 5: Why no noise?	2
Conversations and activities: The burglar	
1600 English conversations/ App: Leave- taking	
Stories and Videos: Why is being nice actually bad for you?	
Songs: Thunder	
Lesson 6: Will it rain?	2
Conversations and activities: Riddles	
1600 English conversations/ App : College life/ Adding a class	





Stories and Videos: 9 signs someone is a narcissist	
Songs: Believer	
Lesson 7: Time for a chang	2
Conversations and activities : Tongue twisters	
1600 English conversations/ App: Buying textbooks	
Stories and Videos : All my friends disappeared in a VR game	
Songs: Speechless	
Lesson 8: How to avoid decorating	2
Conversations and activities : Personality test	
1600 English conversations/ App: Discussing your grades with your professor	
Stories and Videos: 10 things confident people never do	
Songs: Don't give up on me	
Lesson 9: No holiday from family bickering	2
Conversations and activities: Guess the person in the picture	
1600 English conversations/ App: Purchasing a paring permit	
Stories and Videos: Man wakes up from a 12 years coma, remembers everything	
Songs: Beautiful people	
lesson 10: A summer holiday abroad	2
Conversations and activities: Injuries	
1600 English conversations/ App: Using a vending machine	
Stories and Videos : The perfect family/ my horrible life	
Songs: This mountain	
Lesson 11: A break from studying	2
Conversations and activities: Conversation questions	





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1600 English conversations/ App : -	
Stories and Videos : -	
Songs: You are the reason	
Lesson 12: Consolation for Filing	2
Conversations and activities: Conversation questions	
1600 English conversations/ App :-	
Stories and Videos : -	
Songs: Scars to your beautiful	

# محاور الحقيبة التدريبية (المستوى الثاني في المحادثة باللغة الانجليزية)

Course Topics	Hours
Lesson 1: Going beyond hello	2
Conversations and activities: How's your family?	
Stories and Videos : Cooking Expressions Scrambled Eggs	
Songs: You don't even know me.	
Videos BBC learning English (HW): melting glacier.	
Youtube videos (Whatsapp playlist): How do we manipulate memory to tell coherent stories.	
Lesson 2: Being home	2
Conversations and activities: Yours is a great job!	
Stories and Videos : Pizza Chocolate cake	
Songs: Be Alright.	
Videos BBC learning English (HW): Surfing therapy.	





Youtube videos (Whatsapp playlist): How to pitch a business plan that convinces your critics.	
Lesson 3: Describing family ties	2
Conversations and activities: I have the perfect car for you.	
Stories and Videos : Macklouba Recipe - Cheese Cake	
Songs: A whole new world.	
Videos BBC learning English (HW): Driverless cars to be on UK roads.	
Youtube videos (Whatsapp playlist): The attachment theory of how childhood affects life.	
Lesson 4: Eating and drinking	2
Conversations and activities: Where are the bags of chips?	
Stories and Videos: Bank expressions.	
Songs: Arabian Nights.	
Videos BBC learning English (HW): Free flowers to bring happiness.	
Youtube videos (Whatsapp playlist): Right or wrong, practicing kindness and compassion.	
Lesson 5: Exploring daily habits	2
Conversations and activities: Do you like the internet?	
Stories and Videos: Bank expressions.	
Songs: Desert moon .	
Videos BBC learning English (HW): The worldwide plastic problem.	
Youtube videos (Whatsapp playlist): How to change bad habits and become a better you?	
Lesson 6: Being yourself	2
Conversations and activities: Let's go shopping.	
Stories and Videos : Job expressions .	
Songs: New rules .	
Videos BBC learning English (HW): Mexico's underwater kingdom.	
Youtube videos (Whatsapp playlist): 8 stages of development by Erik Erikson.	





Lesson 7: Staying healthy	2
Conversations and activities: What are you doing this weekend?	
Stories and Videos: Clothes expressions.	
Songs: Bad liar .	
Videos BBC learning English (HW): Back to school.	
Youtube videos (Whatsapp playlist): kohlberg's 6 stages of moral development.	
Lesson 8: Parenting	2
Conversations and activities: I want to have a hamburger.	
Stories and Videos: Cleaning expressions.	
Songs: Memories.	
Videos BBC learning English (HW): Turning pineapples into bags.	
Youtube videos (Whatsapp playlist): 6 types of unhealthy father daughter toxic relationships.	
Lesson 9: Making and keeping friends	2
Conversations and activities: We're going to see "The Monster That Ate Cleveland".	
Stories and Videos: Zodiacs.	
Songs: Someone you loved .	
Videos BBC learning English (HW): Recycling chopsticks.	
Youtube videos (Whatsapp playlist): 9 signs you have a broken heart.	
lesson 10: Travelling	2
Conversations and activities: Can you see the stage?	
Stories and Videos : -	
Songs: Little do you know .	
Videos BBC learning English (HW): Dog garden.	
Youtube videos (Whatsapp playlist): 10 signs your parents are making you depressed.	
Lesson 11: Reading pleasures and tastes	2
Conversations and activities: What can I get you for your cold?	





Stories and Videos : -	
Songs: Fire on fire	
Videos BBC learning English (HW): The secret of Mona Lisa's smile	
Youtube videos (Whatsapp playlist): 6 habits that destroy your emotional wellbeing	
Lesson12: Moving to music	2
Conversations and activities: Take bus 4 to second street	
Stories and Videos : -	
Songs: Once upon a December	
Videos BBC learning English (HW): Tourism trouble in egypt	
Youtube videos (Whatsapp playlist): 7 signs someone secretly hates you	

# محاور الحقيبة التدريبية باللغة الانجليزية (دورة اللغة الانجليزية المستوى الثالث)

Course Topics	Hours
Lesson 1: Sleep	2
Topic1: Sleeping pills symptoms and warning signs <a href="htt">htt</a> <a href="ps://www.addictioncenter.com/sleeping-pills/symptoms-signs/">ps://www.addictioncenter.com/sleeping-pills/symptoms-signs/</a>	
Topic 2: Nine ways to relax before bedtime <a href="https://www.sleep.org/articles/sleep-better-when-stressed/">https://www.sleep.org/articles/sleep-better-when-stressed/</a>	
Topic3: How to solve insomnia without medications, part (1) <a href="https://www.onemedical.com/blog/get-well/how-to-relieve-insomnia-without-medication-part-1">https://www.onemedical.com/blog/get-well/how-to-relieve-insomnia-without-medication-part-1</a>	
Stories and Videos :My story animated	
Songs: You don't even know me	
Podcast app: Horror Films	
Lesson 2: Family	2
Topic1:5 signs you are the oldest child in your family <a href="https://www.wellandgood.com/5-traits-of-oldest-children/">https://www.wellandgood.com/5-traits-of-oldest-children/</a>	





Topic2: Personality Traits & Personality Types: What is Personality? https://www.livescience.com/41313-personality-traits.html	
Stories and Videos:	
Songs: Will Smith – prince Ali	
Podcast app: Digital minimalism	
Lesson 3: Friends	2
Topic1: 1 Differences Between Real Friends and Fake Friends <a href="https://www.lifehack.org/articles/communication/11-differences-between-real-friends-and-fake-friends-s.html">https://www.lifehack.org/articles/communication/11-differences-between-real-friends-and-fake-friends-s.html</a>	
Stories and Videos: My story animated	
Songs: A whole new world	
Podcast app: World Humanitarian Day	
Lesson 4: Dating	2
Topic1: What makes a healthy relationship?  depts.washington.edu/hhpccweb/health-resource/healthy-vs-unhealthy-relationships/  Is Love at First Sight Real? <a href="https://www.psychologytoday.com/intl/blog/meet-catch-and-keep/2">https://www.psychologytoday.com/intl/blog/meet-catch-and-keep/2</a> 01801/is-love-first-sight-real	
Stories and Videos:	
Songs : Arabian Nights	
Podcast app: Halloween	
Lesson 5: Raising Kids	2
Topic1: For Families: 7 Tips for Raising Caring Kids <a href="https://mcc.gse.harvard.edu/resources-for-families/7-tips-raising-caring-kids">https://mcc.gse.harvard.edu/resources-for-families/7-tips-raising-caring-kids</a>	
Topic2: Common Teenage Problems And Their Solutions	





https://www.jbcnschool.edu.in/blog/common-teenage-problems-solutions/	
Topic3: Disciplining Your Child <a href="https://kidshealth.org/en/parents/discipline.html">https://kidshealth.org/en/parents/discipline.html</a>	
Stories and Videos : My story animated	
Songs :Desert moon	
Podcast app : Oceans Day	
Lesson 6: Women	2
Topic1:  Maternity Leave 101: Basic Things You Should Know <a href="https://fairygodboss.com/career-topics/maternity-leave-101-basic-things-you-should-know#">https://fairygodboss.com/career-topics/maternity-leave-101-basic-things-you-should-know#</a>	
Stories and Videos :My story animated	
Songs: New rules	
podcast app : World Refugee Day	
Lesson 7: Beauty	2
Topic1:	
Topic2:	
Topic3:	
Stories and Videos:	
Songs : Bad liar	
podcast app: Tess and Ravi	
Lesson 8: Childhood	2
Topic1:	
Stories and Videos : different ways to greet people	
Songs: Memories	
podcast app: My story animated	
Lesson 9: Sports	2
Topic1:	





Stories and Videos:	
Songs: Someone you loved	
Podcast app: Mei and Steve	
lesson 10: Food	2
Topic1:	
Topic2:	
Stories and Videos: My story animated	
Songs: Little do you know	
podcast app: Mindfulness	
Lesson 11: Work	2
Topic1:	
Stories and Videos:	
Songs : Fire on fire	
podcast app : World Kindness Day	
Lesson 9: Health	2
Topic 1 : 9 Side Effects of Too Much Caffeine <a href="https://www.healthline.com/nutrition/caffeine-side-effects">https://www.healthline.com/nutrition/caffeine-side-effects</a>	
Stories and Videos: My story animated	
Songs : Once upon a December	
podcast app : World Emoji Day	

# محاور الحقيبة التدريبية باللغة الانجليزية (دورة المحادثة المستوى الرابع)

Course Topics	Hours
Lesson 1: Everyday topics	2
Topic1: Describe an occasion when you wasted your time	
Topic2: Describe something or someone that makes a lot of noise	





Topic3: Describe a water sport you would like to try in the future or a sport you want to try for the first time.	
Topic4 : Describe a time when you were surprised to meet a friend	
Topic 5: Describe an old you know and respect	
Topic6:	
Lesson 2: Everyday topics	2
Topic1: Describe a risk you have taken which had a positive result.	
Topic2: Describe a mistake you have made.	
Topic3: Describe a volunteering experience you have had.	
Topic 4: Describe a program or app on your computer or phone.	
Topic5: Describe a long car journey you went on.	
Topic6:	
Lesson 3: Everyday topics	2
Topic1: Describe a place you visited that has been affected by pollution.	
Topic2: Describe a friend or a person who is a good leader.	
Topic3: Describe a dinner you really enjoyed.	
Topic4. Describe a large company that you are interested in .	
Topic5. Describe a person in your family that you admire.	
Topic6:	
Lesson 4: Everyday topics	2
Topic1: Describe a time when a family member asked for your help.	
Topic2: Describe an unpleasant job you did.	
Topic3: Describe a time when you didn't tell the truth to someone.	
Topic4: Describe a person you think has interesting ideas and opinions	
Topic5: Describe a time when you were cheated / when someone lied to you / someone didn't tell you the complete truth	





Topic6	
Lesson 5: Everyday topics	2
Topic1: Describe a time you got lost in a place you didn't know about	
Topic2: Describe something difficult you want to succeed in doing	
Topic3: what would you change at the place where you live	
Topic4: Describe a foreign country you want to know more about	
Topic5: Describe a place where you are able to relax	
Topic6	
Lesson 6: Everyday topics	2
Topic1: Describe One Of Your Childhood Toys That Was Special To You.	
Topic2: Describe A Person Who You Have Met And Want To Know More About .	
Topic3: Describe A Goal That You Hope To Achieve In The Future .	
Topic4: Talk about something you enjoyed doing in a group	
Topic5 :Describe a time when you missed an appointment	
Topic1	
Lesson 7: Everyday topics	2
Topic1: Describe a journey that did not go as planned.	
Topic2: Describe an advertisement you remember well.	
Topic3: Describe something special that you brought home from a tourist place.	
Topic4: Describe a film you watched or a film that made you think a lot.	
Topic5: Talk about a new public building /place, which you would like t ovisit	
Topic1	
Lesson 8: Everyday topics	2
Topic1: Describe your favourite clothes.	
Topic2: Describe one of your family members you spend the most time with .	





Topic3: Describe an important journey that was delayed.	
Topic4: Describe an experience you had as a member of a team.	
Topic5: Describe a goal that you achieved, which was set by yourself	
Topic1	
Lesson 9: Everyday topics	2
Topic1: Describe a person who has apologized to you.	
Topic2: Describe An interesting animal.	
Topic3: Describe an article on health that you read from a magazine or online.	
Topic5: Describe	

**IAO Regional Director** 

**OAB Authority Director** 

Organizer



Nather





